

LAIA'S SHADOW

SYNOPSIS

Laia was a normal child, or so she thought. She played, laughed, and most of all she spent her time daydreaming. Until one day she discovered that she had no shadow, and everyone began to move away from her.

Laia's Shadow is a story that lets us think about diversity. On how easy it is to isolate those who are not like us and how the isolated person feels.

#Resilience #Diversity #Self-esteem
#Acceptance #Social Rejection
#Relationships



QUESTIONS ON FEELINGS

How do you think Laia felt?
Have you ever felt this way?
How can you be different?
Do you know someone who is different?
Is being different a problem?
Why does Laia want to have a shadow?
Why don't we like what's different?
What would happen if we were all the same?

WHAT WOULD YOU DO?

1. After reading the story we can suggest to the children that they put themselves in the shoes of the protagonists in the story.
What would you do if you were Laia?
What would you do if you were the child she meets at the end?

For the kids to get into the role, it is helpful they use something symbolic (costumes or a poster with the character's name).

DIVERSITY

1. We invite the child to write or draw a trait that makes each person in the class different.
2. Later we will share them showing the value of our difference as part of the essence of who we are.
3. We will reflect on what would happen if all the people in this world had the same skills, traits, talents, and abilities.

